



ACTION KARATE

1980 Butler Pike,
Conshohocken, PA 19428

610-834-7650

www.ActionPlymouth.com

Email: info@ActionPlymouth.com

Like us on Facebook

APRIL 2024

Follow us on Twitter & Instagram

Be on the lookout for our SUMMER T-SHIRTS!

3rd Stripe Week: 4/8-4/13

Promotion Week: 4/15-4/20

Asah/Ninja: All week in class

Basic Training: Wednesday 4/17 at 5:30

BBLC: Wednesday 4/17 at 5:30

Adults/JBB: Wednesday 4/17 at 7:00pm

TOURNAMENT: 4/27 REGISTER ASAP

MOMS TRAIN FREE IN MAY (See an instructor for your uniform)

BLACK BELT PRE TEST: 5/18 12:20-3:30pm

Leadership Team Meeting: 4/22 after adult class

Kyusho Jitsu Class: 4/8, 4/15, and 4/30 after adult class

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
--	-----	------	------	-------	-----	-----	-----

Asah & Ninja Sharks (3-6 y/o)	X	5:30	6:30	5:45	6:30	9:30	
Basic Training Course (White, Yellow, Orange)	5:30	6:00	5:45	5:00	5:45	10:00	
Black Belt Leadership Course (Purple - Red/blk)	6:15	6:45	5:00		5:00	10:30	
Sparring Training			Adults 7:45	Kids: 7:00			
JBB (Junior Black Belts)	6:15 7:00	6:45 7:30	5:00 7:00	7:45	5:00 7:00	10:45 11:30	
Adults	7:00	7:30	7:00	7:45	7:00	11:30	
Demo Team			6:15				

Sun	Mon	Tues	Weds	Thurs	Fri	Sat
31	1	2	3	4	5	6
	SUMMER T SHIRTS					
	COMING SOON!					
7	8	9	10	11	12	13
	Kyusho	STRIPE WEEK				
14	15	16	17	18	1+	20
	Kyusho	PROMOTION WEEK				Demo
21	22	23	24	25	26	27
	Leadership Team Meeting				Demo	TOURNAMANET
28	29	30	1	2	3	4
	Kyusho	PAJAMA WEEK				